

Northeast Health Wangaratta – Community referrals for Rehabilitation

<p>Multidisciplinary Team:</p> <p>Medical: Dr. Penelope Smith (Rehabilitation Physician)</p> <p>Allied Health: Occupational therapy Physiotherapy Dietetics Social Worker Speech Pathology</p>	<p>Referral Information: <u>Inpatient Admission to THC:</u></p> <p>Referrers will be contacted for further information if required. Most patients will be assessed in outpatients first to allow goal setting to be discussed. Admission from home of patients with functional loss who are acutely unwell is not possible; an ED assessment must be made. Patients accepted for inpatient rehabilitation are placed on a waiting list with admission discussed and arranged with the: Bed Coordinator THC Northeast Health Wangaratta (NHW) P O Box 386 Wangaratta 3676 Tel: 03 57225 249 Fax: 03 57225 415</p> <p><u>Outpatient Rehabilitation Assessment:</u> Community Rehabilitation Service Community Care Centre Northeast Health Wangaratta (NHW) P O Box 386 Wangaratta 3676 Fax: 03 57 225 419</p>	<p>Referral <u>must</u> contain following information:</p> <ul style="list-style-type: none"> • Reason for Referral • History • Medications • Recent investigations/specialist reports <p><i>Incomplete referrals will not be processed</i></p> <p><i>Dr Smith is able to be contacted Monday-Thursday during business hours to discuss referrals. Contact through switchboard at NHW.</i></p>	<p>Rehabilitation Outpatient service</p> <ul style="list-style-type: none"> - Weekly Dr P. Smith
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Rehabilitation eligibility criteria:

- People identified as requiring assessment, outpatient or inpatient management, with impairment, activity limitation or reduced social participation where the primary treatment goal is the improvement of functional status. Many disabled patients may benefit from intermittent admission to a rehabilitation facility for multidisciplinary assessment. Referrals accepted from all disciplines, patient LMO to be contacted for further information regarding medical history, investigations and medication once referral received.

Diagnoses suitable for REHABILITATION referral include:

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| <ul style="list-style-type: none">• Stroke• Multiple Sclerosis• Spasticity• Parkinson's Disease across the spectrum• Spinal cord injury• Acquired brain injury• Amputation | <ul style="list-style-type: none">• Neurological disability including chronic neurological deterioration from any cause where function may be improved with therapy and/or orthoses, aids and equipment.• Orthopaedic: Pre and Post Joint Replacement• Heart failure with functional decline• Post cardiac surgery with functional loss• Chronic Pulmonary disease with functional decline• Chronic Pain |
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