

Northeast Health Wangaratta – Community Referrals for Older Persons & Falls and Balance Assessment

<p>Multidisciplinary Team:</p> <p>Aged Care Consultant: Dr. Ruth Drohan</p> <p>Nurse Practitioner: Christine Behm (Inpatient Only)</p> <p>Allied Health: Occupational therapy Physiotherapy Dietetics Social Work Speech Pathology</p>	<p>Referral Information:</p> <p><u>Inpatient Admission to THC:</u> Bed Coordinator THC Northeast Health Wangaratta (NHW) P O Box 386 Wangaratta 3676 Tel: 03 57225 249 Fax: 03 57225 415</p> <p><u>Outpatient Older Persons Assessment:</u> & <u>Outpatient Falls and Balance Assessment:</u></p> <p>Community Rehabilitation Service Community Care Centre Northeast Health Wangaratta (NHW) P O Box 386 Wangaratta 3676 Fax: 03 57 225 419</p>	<p>Referral <u>must</u> contain following information:</p> <ul style="list-style-type: none"> • Reason for Referral • History • Medications • Recent pathology: FBE, U&E/Cr, CRP, LFT, Ca/PO₄ B12& folate, TFT, Vit D assay, RBGL, HBA1C, MSU and other relevant pathology undertaken • Recent investigations/specialist reports <p><i>Incomplete referrals will not be processed</i></p>	<p>Older Persons & Falls and Balance Assessment Outpatient service</p> <p>- Friday AM: Dr Drohan</p>
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Older Persons Assessment eligibility criteria:

- People identified as requiring assessment, outpatient or inpatient management **with age related illnesses and complex health care needs (generally [not exclusively] over the age of 65; 45 for indigenous people)** where the primary treatment goal is improvement/management of functional and/or cognitive status.

Falls and Balance Assessment eligibility criteria:

- People identified following an admission post fall, have a history of falls and/or identify deteriorating mobility with an unknown cause or multifactorial co-morbidity.

Diagnoses suitable for Older Persons / Falls and Balance Assessment referral include:

- Falls and deteriorating mobility Functional decline
- Frailty and Deconditioning
- Multi co-morbidity management
- Cognitive decline